

# Sunflowers & Mason Jar

## Supply List:

11"x 11" square of cotton fabric plus 4 ½"x 8 ½" piece of red ticking (background)

Scrap of muslin & scrap of solid blue fabric (flag)

Wool: 5"x 6" ecru (jar), 3"x 7 ½" gold (flowers), 2"x 5 ½" dk. brown (flower centers), 1"x 2" brown (center dots), 2"x 4" med. green (leaves), 2"x 3 ½" dk. green (leaves), ¼"x 12" strip of med. green (stems)

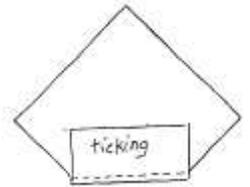
Embroidery floss or wool thread to match wools

Embroidery floss for accent stitching, plus ecru perle cotton, sz. 8, to stitch lettering



## Instructions:

Measure 4" straight up from one point of 11"x 11" cotton square. Using the grid on your cutting mat to make sure you are even, cut off the corner of the block. Right sides together (note that I used the wrong, more subdued side of the red ticking as my right side), line up the strip of the 4 ½"x 8 ½" ticking on the cut edge of the square. Stitch with a ¼" seam allowance; press ticking down. Trim ticking to restore block to a square.



Cut all appliques from pre-washed wool fabric. Tape the jar pattern piece to a sunny window and line up the wool applique on top of it. Using a sharp pencil (or fabric marker), trace the lettering onto the wool.

(NOTE: the block will be trimmed down to 10 ½"X 10 ½" after appliqueing, so please keep this and the ¼" seam allowances in mind when placing appliques.)

Using the photo as a guide, position the jar applique in the center of the block, with the bottom of the jar overlapping the ticking about ½" or so. Cut two 3" pieces of the ¼" green strip for stems. Tuck one end of each stem under the top edge of the jar applique (keep them toward the left, leaving room for flagpole) and bend the stems into shape, pinning to hold. Position flowers and centers on top of stems along with 4 leaves, but don't pin these in place yet. Cut a strip of ¼" wide green wool 6" long and bend into lazy W-shaped stem at bottom of jar. Position half flower on stem along with remaining two leaves and pin.

Prepare flag: Rip a strip of muslin fabric about 1 ¾" wide by about 3" long. Trim ends to square up the muslin to 1 ¾"x 2 ¼" (technically, you could rip all four sides of the flag, but I find it never rips square). I left the cut edges alone, but you could put some fray check on them (or cut the flag longer and fold under the ends). Do the same for the blue corner – ripping a strip of solid blue fabric 1" wide and then cut it down to 1"x 1".

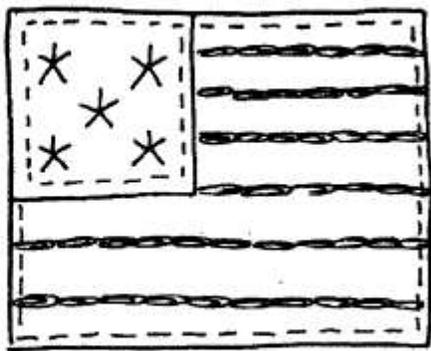
Position muslin flag on background with blue square in corner. Move the flag and flowers around until everything fits evenly (overlapping flowers onto the leaves or leaves onto the jar is fine). When you are satisfied with the placement, pin everything in place. Use a ruler to draw a line for the flagpole, drawing along the edge of the flag to the lip of the jar.

Stitch wool appliques in place with a whipstitch using 2 strands of matching embroidery floss or 1 strand of wool thread. For the stems, use long stitches across the width of the stem (instead of whipstitching both edges). For the dots in the flower centers, take long stitches in an X pattern across each dot (see pattern).

Stitch flag in place with 2 strands of ecru floss, using a running stitch close to all edges, including blue square. Use straight stitches with the same floss to stitch the stars in the blue corner. Use 6 strands of red floss to chain stitch lines on flag. Stem stitch flagpole with 6 strands brown floss and stitch a large French knot at top. Take a stitch with ecru at two corners of the flag, connecting it to the flagpole.

Backstitch lines in leaves with 6 strands of contrasting green floss, stitch lazy daisies in flower petals with 6 strands of yellow floss. Stem stitch lettering and lines on rim of jar with ecru perle cotton.

Enjoy!



Flag Embroidery Guide

